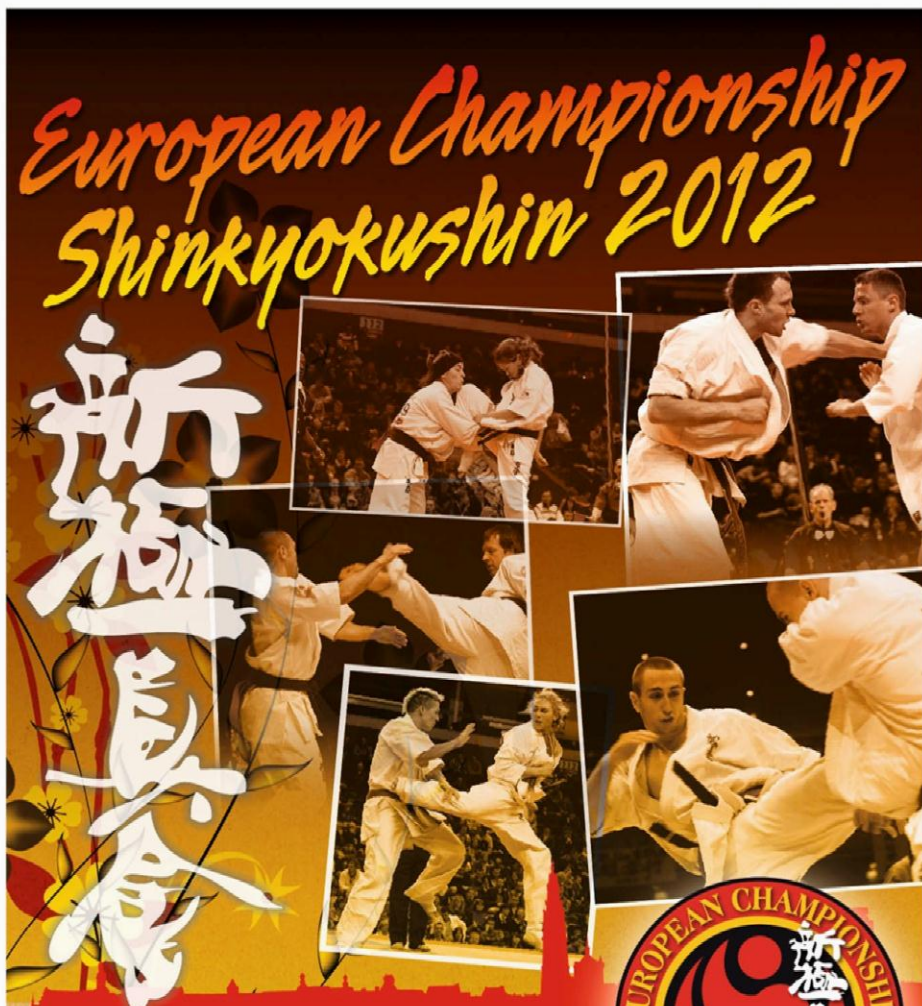


# Invitation & Guidelines European Championship 2012



The poster features a collage of five action photographs from Shinkyokushin Karate matches. The background is a warm, golden-brown color with stylized floral and leaf patterns. Large white Japanese calligraphy characters '新極真會' (Shinkyokushin Kai) are positioned on the left side. The title 'European Championship Shinkyokushin 2012' is written in a stylized, flowing font at the top.

**European Championship  
Shinkyokushin 2012**

新極真會

STAD ANTWERPEN

Friday June 1st - Juniors

Saturday June 2nd - Seniors

Arenahal, Arenaplein 1, 2100 Deurne (Antwerp)

All info on [www.bkos.be](http://www.bkos.be) • [info@bkos.be](mailto:info@bkos.be)

ICHIBAN  
Martial Arts Equipment

EUROPEAN CHAMPIONSHIP  
Belgium • Antwerp • 2012  
SHINKYOKUSHIN KARATE

Hans Hofkens

BKO Shinkyokushin vzw

Invitation & Guidelines



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## INVITATION & GUIDELINES EUROPEAN CHAMPIONSHIP 2012

### WELCOME

Dear Presidents, Country Representatives, WKO Branch Chiefs, National Coaches  
Dear Shihan, Sensei, Senpai, Dojo Leaders and Karatekas

On behalf of The European Karate Organization, we are very honoured and proud to invite you to the

### *European Championship Shinkyokushin Karate 2012 for Youth and Adults*

The European Championship will take place on **Friday, June 1<sup>st</sup> (juniors)** and **Saturday, June 2<sup>nd</sup> (seniors)** in the city of Antwerp, Belgium.

As the preparations of the EC 2012 are on-going and many volunteers are putting tremendous amounts of effort into the success of this edition, we're proud to announce the full support of the City of Antwerp. Thanks to our sponsors, arrangements have been made in 4 star hotels, making sure our participants can be on their best while competing for their title.

This document will help you find more information in regards to the EC 2012. As we move towards the event itself, more information will be provided to you by mail and through our website [www.bkos.be](http://www.bkos.be). Registration for participants and officials will open officially on February 15<sup>th</sup>, 2012. Look for the announcement on our website!

With all of our European "Never Give Up"-spirit combined, we are certain to deliver a successful event, giving Shinkyokushin Karate the attention it deserves!

We are very honoured to enjoy the finest of Europe together with you! Friendships will be strengthened and in unison Shinkyokushin will stand strong! **Osu!**

Shihan Koen Spitaels, Shihan Martin Michel



*Changes might occur in the best interest of the event. Please contact [info@bkos.be](mailto:info@bkos.be) if you have any questions.*



## **1 GENERAL INFORMATION**

### **1.1 Official addresses**

<b>Event location</b>	<b>Official Hotel</b>	<b>Organisation</b>
Arenahal Arenaplein 1 B-2100 Deurne (Antwerp) <a href="mailto:info@bkos.be">info@bkos.be</a>	Ramada Plaza Hotel Desguinlei 94 B-2018 Antwerp <a href="mailto:info@bkos.be">info@bkos.be</a>	BKO Shinkyokushin vzw Draaiboom 109 B-2360 Oud-Turnhout <a href="mailto:info@bkos.be">info@bkos.be</a>

### **1.2 Registrations**

Registrations officially open on February 15<sup>th</sup>. Details will be available at [www.bkos.be](http://www.bkos.be).

Deadline for national teams, officials, referees and others is Friday April 13<sup>th</sup>, 2012. After this date no more applications or cancellations will be accepted. Registrations can only be accepted when all required documents and payments have been received and processed on time.

All participants are requested to present:

- A written medical certificate (English or Dutch), not older than 3 months.
- A written certificate of non-pregnant for all female participants.
- A written approval from legal guardian for all minors (minus 18 years old at time of event).
- A signed waiver for all participants.
- Official EKO passport.

More details will be provided after registration.

### **1.3 Contacts (in case of emergency)**

Shihan Koen Spitaels

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Senpai Hans Hofkens

+32 (477) 181860 | [hans.hofkens@bkos.be](mailto:hans.hofkens@bkos.be)



## **2 CATEGORIES AND NUMBER OF PARTICIPANTS**

### **2.1 Kumite - Adults / Seniors (year of birth: 1993 or older)**

<b>Weight classes men</b>		<b>Weight classes woman</b>	
Light weight	-70 kg	Light weight	- 55 kg
Middle weight	70 kg - 80 kg	Middle weight	55 kg - 65 kg
Heavy weight	80 kg - 90 kg	Heavy weight	+ 65 kg
Super Heavy weight	+ 90 kg		

<b>Protection men</b>	<b>Protection woman</b>
Groin protection	Breast protection (only the cup type is allowed)
Mouth protection (optional)	Shin protection
	Mouth protection (optional)

### **2.2 Kumite - Juniors (year of birth: 1994 or 1995)**

<b>Weight classes boys</b>	<b>Weight classes girls</b>
-55 kg	-55 kg
55 kg - 60 kg	55 kg - 60 kg
60 kg - 65 kg	60 kg - 65 kg
65 kg - 70 kg	+65 kg
70 kg - 75 kg	
+75 kg	

<b>Protection boys</b>	<b>Protection girls</b>
Groin protection	Breast protection (only the cup type is allowed)
Helmet	Helmet
Shin protection	Shin protection
Gloves	Gloves
Mouth protection (optional)	Mouth protection (optional)

### **2.3 Kata**

According the official European Kata rules.

### **2.4 Number of Participants**

Every country can designate two competitors in each category, kumite and kata. The organizing nation can have an additional participant in each category.



## **3 SCHEDULE**

### **3.1 General**

At arrival and check-in, everyone will receive an updated and detailed schedule. For specific questions, please send an email to [info@bkos.be](mailto:info@bkos.be).

### **3.2 Preliminary Schedule**

<b>Wednesday February 15<sup>th</sup>, 2012</b>	<b>Official opening of registrations</b>
<b>Friday, April 13<sup>th</sup>, 2012</b>	<b>Closing of registrations</b>
<hr/>	
<b>Wednesday (May 30<sup>th</sup>)</b>	<b>Arrival of EKO Board, Referees Committee, participants.</b>
20:00	Dinner EKO Board
<hr/>	
<b>Thursday (May 31<sup>st</sup>)</b>	<b>Arrival of referees, participants, spectators</b>
10:00	Referee Committee meeting
13:00	EKO Board meeting
16:00	Referee Registration and referee meeting
14:00 - 17:00	Weight and medical control
18:00 - 20:30	Weight and medical control
21:00	Draw juniors
<hr/>	
<b>Friday (June 1<sup>st</sup>)</b>	<b>European Tournament for Juniors</b>
20:00	Draw Adults
<hr/>	
<b>Saturday (June 2<sup>nd</sup>)</b>	<b>European Tournament for Adults</b>
20:00	Sayonara Party
<hr/>	
<b>Sunday (June 3<sup>rd</sup>)</b>	<b>Check out and departure</b>



## **4 ACCOMMODATION**

### **4.1 General**

To accommodate all guests, several hotels will be used. For your convenience, a small description is provided “as is”. The Ramada Plaza will serve as the official tournament hotel and will host most side events.

All official registrations will be provided with breakfast, access to the Sayonara Party and transportation between the event sites. (Time tables will be available locally.)

### **4.2 Hotels**

#### **4.2.1 Ramada Plaza hotel – Official Tournament Hotel**

The Ramada Plaza Hotel Antwerp is a smart 4-star hotel in Antwerp, conveniently located in the heart of the business district and just a ten minutes’ drive (2 km) from the historic city centre. Antwerp city centre is easily accessible by a regular tram service which operates seven days a week from 6am to midnight. The tram stop is just outside our door. Journey time to city is approx. 10 minutes. In a nutshell: free internet throughout the hotel, easily accessible by car and public transportation, private parking facilities (additional charges apply), fitness room with saunas and more!

Ramada Plaza Hotel, Desguinlei 94, B-2018 Antwerp | +32 (3) 244 82 11

<b>Ramada Plaza Hotel</b>	Twin room	60 EUR per person
	Triple room	50 EUR per person
	Single room	95 EUR per person

#### **4.2.2 Holiday Inn Hotel**

Situated in the trendy “Het Eilandje” area, the modern Holiday Inn Express Antwerp City-North overlooks the brand new M.A.S. Museum at the Willemdok Marina in Antwerp Harbour. Antwerp Airport is 7km from the hotel, which is close to the R1 ring road, and we have ample underground car parking (additional charges apply). Settle into a sofa in the open-plan Great Room, where you can use complimentary wireless Internet. The Great Room has complimentary continental breakfast and you can choose snacks from the self-service Grab @ Green fridge.

Holiday Inn Hotel, Italiëlei 2A, Het Eilandje, B-2000 Antwerp | +32 (3) 221 49 49

<b>Holiday Inn Hotel</b>	Twin room	50 EUR per person
	Triple room	40 EUR per person
	Single room	90 EUR per person



### 4.2.3 Scandic Hotel

Scandic Antwerpen is situated near the Antwerp ring road, offering easy access to Brussels, Ghent, Hasselt, Germany and the Netherlands. Unwind in the leisure centre with a workout, a swim or a relaxing sauna or steam room. Enjoy fine dining in the restaurant and a nightcap in the bar. Antwerp attractions are close by, including Antwerp Zoo and the shopping district.

Scandic Hotel, Lt. Lippenslaan 66, B-2140 Antwerp | +32 (3) 235 91 91

<b>Scandic Hotel</b>	Twin room	55 EUR per person
	Triple room	45 EUR per person
	Single room	80 EUR per person

### 4.3 Other accommodations

All guests opting for another hotel or location to accommodate specific needs can pay separately for the Sayonara Party. Please keep in mind there will be no transportation available.



## **5 FINANCIAL CONDITIONS**

### **5.1 General**

Accommodation, flight tickets, transportation, meals and other costs are the sole responsibility for the attendees (participants, referees and officials) unless otherwise noted. Please arrange accordingly with the Country Organisation or dojo where necessary.

A fee of 10 EUR will be taken into account for every participant to uphold anti-doping regulations and to participate.

For your security and convenience, participant and hotel payments are to be done by bank transfer wire.

### **5.2 Account information**

<b>Account number for Belgian participants</b>	001-6117262-33
<b>Account number for international participants</b>	IBAN BE79 1172 0016 1172 6233 BIC GEBABEBB
<b>Account holder</b>	BKO Shinkyokushin vzw - EC 2012 Draaiboom 109, B-2360 Oud-Turnhout Belgium

### **5.3 Contact information**

Senpai Annelies Hofkens

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