



## SPANISH SHINKYOKUSHINKAI FEDERATION

On behalf of

## EUROPEAN KARATE ORGANIZATION

has the pleasure to invite you to the

**EUROPEAN SHIN-KYOKUSHINKAI CHAMPIONSHIP****2010****ADULTS AND JUNIORS****4 – 5 June 2010 Logroño - SPAIN****FIRST INFORMATION**

European Shin-Kyokushinkai Karate Championship will take place on 28-rd and 29-th May 2010 in Logroño, Spain, in the Sport Hall of “Palacio de los Deportes de La Rioja”.

**I. EUROPEAN CHAMPIONSHIP FOR ADULTS.****FRIDAY, 4 June: KATA ADULTS MEN & WOMAN****SATURDAY, 5 June: KUMITE ADULTS MEN & WOMAN.**

Weight categories and number of participants for each country as follows:

**Kumite, men** (born in 1991 and older):

Men Lightweight	under 70 kg	2 fighters per country
Men Middleweight	70-80 kg	2 fighters per country
Men Heavyweight	80-90 kg	2 fighters per country
Men Super Heavyweight	over 90 kg	2 fighters per country

**Kumite, women** (born in 1991 and older):

Ladies Lightweight	under 55 kg	2 fighters per country
Ladies Middleweight	55-65 kg	2 fighters per country
Ladies Heavyweight	over 65 kg	2 fighters per country

**Kata, men** (born in 1991 and older): 2 participants per country**Kata, women** (born in 1991 and older): 2 participants per country

Country organizer has one extra participant in each category.

The rules will be the European Karate Organization Shin-Kyokushinkai Karate Kumite Rules and Rules for Kata competition of EKO.

Please, note that a selected numbers of fighters will have to take a doping test.

**The following protection will be compulsory:** Kumite men: groin.

Kumite women: breast protection (the cup type) white shin protection and groin.

**Tameshiwari:** the tameshiwari (breaking test) consists of three techniques (seiken, shuto, and hiji) and will for all three techniques take place before the semi-finals (men only).

## **II. EUROPEAN CHAMPIONSHIP FOR JUNIORS, FRIDAY, 4 June.**

Weight categories and number of participants for each country as follows:

**Kumite, Junior-men** (born 1992-1993) 2 fighters per country in each weight category:

under 55 kg, 55-60 kg, 60-65 kg, 65-70 kg, 70-75 kg, over 75 kg

**Kumite, Junior-women** (1992-1993) 2 fighters per country in each weight category:

under 55, 55-60, 60-65, over 65 kg

**Kata, Junior-men** (1992-1993) 2 participants per country

**Kata, Junior-women** (1992-1993) 2 participants per country

Country organizer has one extra participant in each category.

**The following protection will be compulsory:**

Kumite Junior-men: white shin protection and groin.

Kumite Junior-women: breast protection, white shin junior-men protection and groin.

The rules will be the European Karate Organization Shin-Kyokushinkai Karate Kumite Rules for Juniors and Rules for Kata competition of EKO for Juniors (new Regulations).

## **III. CONDITIONS FOR PARTICIPATING IN THE CHAMPIONSHIP FOR FIGHTERS.**

All competitors are requested to present a written medical certificate (in English, or Spanish languages) indication that he or she is physically fit and healthy and his/ hers insurance documents. This certificate must not be older than 3 months.

All women are requested to present written certificate of non-pregnant state (in English, or Spanish languages). This certificate must not be older than 1 month.

All the competitors must fill and present declaration for participation in the tournament.

All the juniors must bring declarations by their parents that they agree them to allow participate in the tournament.

The coach must wear the national tracksuit.

#### IV. THE PRELIMINARY SCHEDULE:

<u>Date</u>	<u>Subject</u>
<b>2 June, Wednesday</b>	<b>Arrival and check-in at the hotel</b>
<b>3 June, Thursday</b>	<b>Arrival and check-in at the hotel</b> <b>EKO Board meeting</b> <b>Weight and medical controls for junior and adults</b> <b>Referee meeting and course</b> <b>Referee registration for European Junior and Adults.</b>
<b>4 June, Friday</b>	<b>EUROPEAN CHAMPIONSHIP FOR JUNIORS</b> <b>EUROPEAN CHAMPIONSHIP FOR ADULTS / KATA</b> <b>EKO General Meeting</b>
<b>5 June, Saturday</b>	<b>EUROPEAN CHAMPIONSHIP FOR ADULTS / KUMITE</b> <b>SAYONARA PARTY</b>
<b>6 June, Sunday</b>	<b>Check-out</b>

If you have any questions or if you need any additional information, do not hesitate to contact us.

We hope to see you and your fighters in Logroño - Spain

Sincerely yours,

Shihan Juan Carlos Escalera  
FKE President

Sensei José Antonio Ferrandiz  
FKE General Manager

OSUj



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